



## Cavendish Farms® STEAK CUT

56210 34013

### Cooking Instructions

#### Fryer

Temp : 180°C /350°F  
Cook Time : 3 1/2 min

#### Convection Oven

Temp : 213°C /415°F  
Cook Time : 10 - 12 min

#### Traditional Oven

Temp : 232°C /450°F  
Cook Time : 22 -25 min

### Product Specifications

| Product Name             | Steak Cut          |
|--------------------------|--------------------|
| GTIN - 14                | 100 56210 34013 6  |
| GTIN - 12                | 0 56210 34013 9    |
| Cut Size                 | 7/16" x 7/8"       |
| Grade                    | Long Fcy           |
| Coated                   | No                 |
| Shelf Life               | 24                 |
| Kosher                   | Yes                |
| Halal                    | Yes                |
| Pack Size                | 6 x 5 LB           |
| Net Weight (LB)          | 30                 |
| Gross Weight (LB)        | 31.75              |
| Pallet Pattern (ti x hi) | 10 x 7             |
| Case Cube (ft3)          | 0.95               |
| Case Dimensions (in)     | 16" x 12" x 8.625" |
| Packaging Type (Case)    | Oyster             |
| Packaging Type (Bag)     | Clear Poly         |



Ingredients : Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean Oil, Canola Oil), Disodium Dihydrogen Pyrophosphate to Promote Color Retention, and Dextrose.

### Nutrition Facts

about 27 servings per container\*

**Serving Size 3 oz (85 g/ 10 pieces)**

#### Amount per serving

| Calories                  |        | 110            |
|---------------------------|--------|----------------|
|                           |        | % Daily Value* |
| <b>Total Fat</b>          | 2.5 g  | 3 %            |
| Saturated Fat             | 0 g    | 0 %            |
| Trans Fat                 | 0 g    |                |
| <b>Cholesterol</b>        | 0 mg   | 0 %            |
| <b>Sodium</b>             | 35 mg  | 2 %            |
| <b>Total Carbohydrate</b> | 19 g   | 7 %            |
| Dietary Fibre             | 2 g    | 7 %            |
| Total Sugars              | 0 g    |                |
| Includes 0 g Added Sugars |        | 0 %            |
| <b>Protein</b>            | 2 g    |                |
| Vitamin D                 | 0 mcg  | 0 %            |
| Calcium                   | 9 mg   | 0.6 %          |
| Iron                      | 0.6 mg | 4 %            |
| Potassium                 | 306 mg | 6 %            |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet.  
2,000 calories a day is used for general nutrition advice.